

DISC



Register for Workshop

Register for Webinar

Register Your Team for Training

[Click Here to View Recorded Webinar*](#)

*Recorded Webinar Instructions:

- Complete the Pre-work: Click [HERE](#) to take your DISC Style Assessment
- View Recording: Click the button above to view your transcript page
- Click the "launch" button on your transcript page
- After viewing, return to your transcript page and click "Mark Complete"

Program Title: DISC

Delivery Format: Workshop or Webinar

Program Length: 2-3hr Workshop, 2hr Webinar

Audience: AHA Employees

Program Description:

What makes you unique? What makes you click? What is your preferred communication style? Have you ever wondered how you can adapt your style to optimize your relationships with others?

Research shows the most successful people recognize the situations that will make them successful, and this makes it easy for them to find ways of achieving objectives that fit their behavioral style. Those who understand their natural behavioral preferences are far more likely to pursue the right opportunities, in the right way, at the right time, and get the results they desire. DISC provides you with a comprehensive overview of the way people think, act, and interact. In this workshop, you will explore the elements of DISC, your DISC dimensions, your behavioral strengths, and your communication preferences, while identifying other's styles and adapting yours to effectively work with theirs. The program includes an online assessment that provides you with an in depth analysis of your DISC profile.

Key Objectives:

- Recognize the significance of perception
- Identify the various elements of the DISC profile chart
- List the strengths and challenges of the DISC behavior styles
- Express your personal DISC style through visual medium
- List the communication "do's" and "don'ts" of DISC
- Utilize "Adapting Your Style" chart to customize communication style
- Demonstrate DISC communication techniques

Pre-Work: [DISC Style Assessment](#)

Included Program Materials: DISC Styles "Cheat Sheet," "Adapting Your Style" Guide

Follow-Up: 12 monthly activities

Cost: No



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