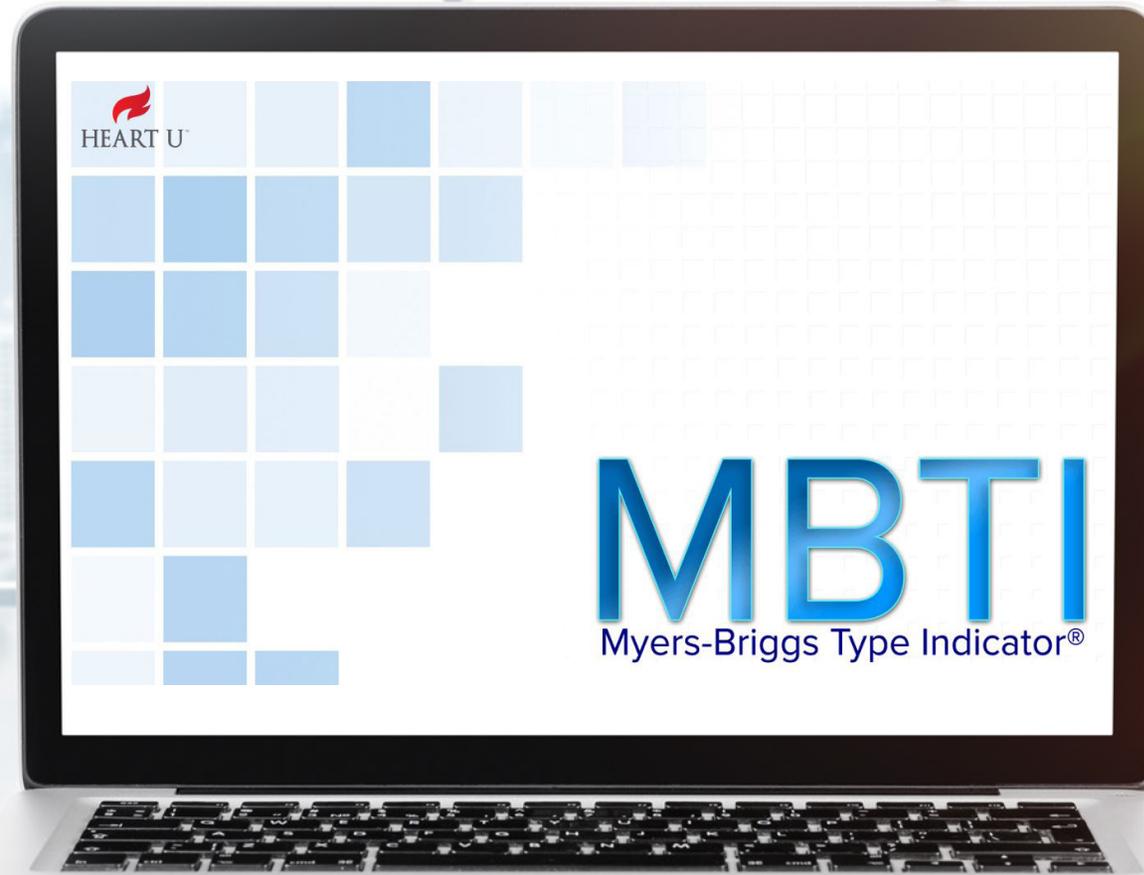


Myers Briggs (MBTI) Training



Register for Workshop

Register for Webinar

Register Your Team for Training

[Click Here to View Recorded Webinar*](#)

***Recorded Webinar Instructions:**

- Complete the Pre-work: Click [HERE](#) to take your MBTI Style Assessment
- View the Recording: Click the button above to view your transcript page
- Click the “launch” button on your transcript page
- After viewing recording, return to your transcript page and click “Mark Complete”

Program Title: MBTI Training

Delivery Format: Workshop and Webinar

Program Length: 2hr Workshop, 1hr Webinar

Audience: AHA Employees

Program Description:

Are you an introvert or an extravert? Do you make decisions by thinking or by feeling?

These questions represent 2 of the 4 Myers-Briggs Type Indicator preferences that help form the basis of your personality. Your personality informs the decisions you make and how you interact with people on the job and elsewhere. Our MBTI workshop will help you identify your personality preferences and those of your colleagues to foster deeper communication and collaboration.

Key Objectives:

- Recognize the differences/similarities between MBTI and DISC
- Identify the MBTI style indicators
- Apply MBTI styles to work situations
- Use MBTI styles to enhance communication

Included Program Materials: MBTI Job Aid, MBTI Team Sheet

Pre-Work: [MBTI Style Assessment](#)

Cost: No Cost

